

# PSYC 205 : Human Growth and Development

**Credits** 5

Survey of human development, focusing on sequences and concepts of physiological, cognitive, social, and emotional development from conception through adolescence. This class may include students from multiple sections. (Elective)

**Prerequisites**

[PSYC&100](#) or instructor permission

**Course Outcomes**

- Demonstrate an increase in psychological mindedness.
- Demonstrate an increase in the use of psychological terminology.
- Demonstrate an increase in tolerance and understanding of the complexity of the human situation.
- Demonstrate the ability to express in writing one's philosophy of life and explain it verbally.
- Understand and appreciate Human Nature, including the satisfaction of needs, the role of habit, and the potential humans have for mental and emotional growth.
- Apply a goal orientation to one's life plan.
- Appreciate the value and skills included in communication and intimacy.
- Apply the "creative" system to one's career development.
- Apply principles of scientific method to the study of human experience.
- Discuss the major theoretical schools in the field of psychology to a limited extent.
- Apply basic psychological principles to the analysis of human experience.
- Comprehends experimental research within the field of social psychology.
- Identify a range of topics that can be applied to increase understanding of vital but complex social issues.
- Grow in capacity for empathy and understanding as he/she increases their store of psychological constructs that can be applied to the human condition.
- Develop an affirmative plan of action.